

# OFFICE FOR CHILD AND YOUTH PROTECTION 

April 1, 2019

## Dear Parent/Gaurdian:

As a part of our continued efforts to provide a safe and healthy environment that allows young people to maximize their learning potential and live fuller lives, the Archdiocese of Philadelphia has introduced another lesson in our Safe Environment child abuse prevention program for young people. The lesson for eleventh grade students focuses on healthy relationships.

The lesson introduces students to the building blocks of healthy relationships, which include respect, honesty and trust, communication and equality. Through an activity, students will recognize some of the warning signs and consequences of unhealthy relationships and social encounters. It is our goal that our young people will value their right to healthy relationships and hold these rights as a priority in their lives.

Discussions about healthy relationships are also the perfect time for parents to discuss family values, and religious and moral beliefs around relationships. Discussions should continue to emphasize body ownership, respectful relationships, avoiding harmful situations and self-respect. Be sure to let your child know that they may come to you if they have a question or problem. Tips for Establishing Open and Honest Parent-Child Communication can be found on the Office for Child and Youth Protection's website at www.childyouthprotection.org under Protect- Resources for Parents.

Please feel free to let us know if you have any questions.


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